

MN Prescription Monitoring Program Advisory Task Force Meeting

Tuesday, July 28, 2015, 3:00pm – 5:00pm

University Park Plaza, 2829 University Ave SE, Conference Room A, Minneapolis, MN 55414

Objectives:

Controlled Substance Insight Alert Criteria PMP Survey via PharmD Student

ATTENDEES:

Committee Members

Present: Alfred Anderson, Michelle Aytay representing MN Pharmacists Association, Ruth Grendahl, Neil Benjamin, Julie Sabo, David Thorson, Julia Wilson, Richard Neumeister, Brian Zirbes (DHS), Connie Jacobs

Absent: Diane Rydrch, Michelle Shih-Ming Falk, Mary Benbenek, Carmelo Cinqueonce, Betty Johnson (excused), Collin Arnett (excused), Lindsay Thomas (excused), Jeff Lindoo (excused). Carol Falkowski (excused).

Board of Pharmacy Staff: Barbara Carter, Katrina Howard, & Melissa Winger

- **Call to Order, Welcome & Introductions**
 - Overview of the objectives for today's meeting
 - Introduction of Committee Members
- **Old Business**
 - Approved minutes from 4.28.2015
- **Update**
 - Melissa provided an update on the MN PMP RxSentry system user interface redesign which was launched on June 4th 2015 overall the feedback received has been positive. Member commented on extra space at the top of printed report- staff took this information under advisement.
 - The PMP public website redesign was also completed in June, including updated resources and information page which was created with task force input from the April meeting. A link to the resources is also available through the new interface in the quick links section. Statistics of website usage will also be tracked and analyzed for future improvements.
- **Controlled Substance Insight Alerts (CSIA)**
 - Katrina provided an update on the CSIA program that was implemented in January of this year. A total of 160 unique individuals were identified using the established criteria which has resulted 1944 CSIA's letters/emails being sent to prescribers and pharmacists over the last 6 months. Audits conducted 90 days after CSIA's are sent showed a decrease in numbers of prescribers and pharmacists seen by the identified individuals, a decrease

in number of cumulative and active morphine equivalent dosages (MED), and a decrease in number of controlled substance prescriptions and quantities dispensed.

- In an effort to expand identification of individuals at risk, Katrina presented additional criteria for CSIA's for discussion and consideration.
 - i. A drug combination of benzodiazepine, opiates, and muscle relaxant (street name "Holy Trinity") was discussed as a potentially high risk for abuse. Members commented that the combination when prescribed by multiple prescribers and pharmacists should be added to these criteria if implemented.
 - ii. High active or cumulative MEDs. Oxycodone was used as an example of high MEDs to determine recipients that would meet this threshold if the criteria were to be added. Member commented that Methadone should also be looked at for high MEDs. Another comment was made that high MED's may not always signal abuse and is patient specific on how many MED's can be tolerated. Therefore members suggested also adding multiple prescribers and pharmacists to criteria if implemented.

- **PMP Survey**
 - Katie Schmerbeck, 4th year PharmD student from the University of Minnesota presented information on the project she is working on in conjunction with the PMP in surveying all prescribers and pharmacists that have an active account with the PMP. Results of the survey will be analyzed by Katie and be used to support her paper addressing the perceived effectiveness of the MN PMP. The results will also be used by PMP staff in the preparation of legislative reports due in January 2016 and December 2016. The survey asked questions regarding use of the PMP and CSIA's. Katie will be returning to the advisory task force to present the preliminary results at the next PMP ATF meeting.

- **Additional Items**
 - Barb distributed a flyer regarding an upcoming statewide summit that will take place on August 25th at TCF Bank Stadium. The meeting, sponsored by the US Attorney's office, Department of Human Services, and various other organizations will bring stakeholders together to address the problems associated with prescription painkillers. Registration is required as space is limited.

- **Next Steps, Announcements & Wrap-up**

Next meeting: Tuesday, October 27, 2015 3pm – 5pm

- **Adjourn: 5pm**